

CBSC Dive Team Newsflash

We are looking forward to a great summer dive season! Thank you to the families that came to the Parent Meeting last weekend and expressed interest in joining the Dive Team. 2016 diver registration fees are reduced by 1/2 for swimmers that wish to join both the swim & dive team. Dive team practice for swim team members will be 'before' or 'after' your swim team practice. We look forward to seeing our returning divers at practice this week - the first dive qualifier meet will be hosted by CBSC on Sunday, June 26th.



The Dive Team has two great coaches for this summer. Coach Corinne has been a summer and winter diver since the age of seven (currently with Blue Dolphin Diving and will be diving at Rowan this fall) along with summer coaching experience and a new vision and energetic approach to building our dive team with fun and instructive practices. Assistant Coach Dillon is a 9-year CBSC veteran diver, former gymnast for nine years, CBSC & SJDA record holder, and a member of Blue Dolphin Diving at TCNJ.

Coach Corinne and Coach Dillon will be at practice on **Tuesday, 5/31**, for an **OPEN DIVE PRACTICE** for all interested members, 18 & under, to come check out and give diving a try. Weather looks favorable to warm up the dive well for practice. Rumor has it that there will soft pretzels for all dive participants...

Dive Team FAQs:

- Go to the South Jersey Diving Association (SJDA) website at www.southjerseydiving.org to get all your summer diving information and meet schedule.
- After-school practice starts Tuesday, May 31 from 4-6pm. You can come anytime between these after-school hours to attend practice.
- Morning practice starts Friday, June 17th from 8:30-11am.
- To register for the dive team, please go to the CBSC website, www.cbswimclub.org and click on the <Register to Join the Dive Team> on the Dive Team webpage.
- Every diver registered on the dive team is required to have AAU insurance when they attend their first official practice. Our dive team participates in SJDA dive meets and membership in the AAU is mandatory and includes insurance for the diver. For more information and instructions on how to register for an AAU dive membership, please go to <http://southjerseydiving.org/diver-info/aau-membershipinsurance/>
- All dive qualifier meets are held on Sunday (6/26, 7/10, 7/17) so they do not conflict with Tri-County swimming. The 1-meter Championship meet will be held on Thursday, July 28th, before Cherry Bowl weekend and the Swim & Dive Team Banquet.
- South Jersey Diving Association (SJDA) is a recreational league with the goal to teach children of all ages the fundamentals of diving in a fun, safe environment. You are not required to compete at meets.
- This is a great year to join the Dive Team - the SJDA has adopted new AAU judging standards and has retired all former SJDA records. This necessitates that CBSC also retire all 2011-2015 dive records. The winners of this summer's 1-meter and 3-meter champs will set the new league & pool records.

See you at the pool...

Karen Hall (CBSC Dive Team Coordinator)